#### GENERAL

The Braemar Practice covers the village of Braemar and extends in a radius of approx 10 miles to Crathie in the East, Linn of Dee in the West and towards Spittal of Glenshee in the South. Braemar is a single handed GP practice with a part time Associate doctor. Surgeries are held in Braemar Clinic and at Crathie School. Disabled access is provided at the Braemar Clinic via a ramp and car parking is available at both sites.

#### **CONSULTING HOURS**

#### **Braemar Clinic:**

9 - 10.30am & 4.30 - 5.30pm Monday 9 - 10.30am & 4.30 - 5.30pm Tuesday Wednesday 9 - 10.30am & 4.30 - 5.30pm 9 - 10.30am: - Half Day Thursday Fridav 9 - 10.30am & 4.30 - 5.30pm By appointment currently due to COVID-19 The surgery is open daily on weekdays 9am - 12.30 & from 2.30 - 6pm Except Thurs 9 – 12.30 only The normal length of consultation is 15 minutes. Saturday; appointment only surgery once per month. Book with the receptionist. Crathie School: by appointment Monday 3.50 - 4.10pm Friday 3.50 - 4.10pm

#### CLINICS: by appointment.

Ante Natal: Wednesday 11.00 – 12.00 Well Woman: Thursday 11.00 – 12.00 Baby/Immunisation: Thursday 10.30 – 12.00 Diabetic Clinic - 4th Wednesday of each month Minor Surgery, Child Assessment, Chiropody, Weight Management, Heart Disease, Asthma, COPD, Well Man, Smoking Cessation.

#### HOME VISITS

If you feel that a visit is required please phone the clinic before 10.30am if possible. Whenever possible please attend the clinic as examinations and investigations are more easily performed in the clinic environment.

#### URGENT PROBLEMS OUT OF HOURS

Telephone Braemar **41202** and you will be connected to the Doctor on call. The Practice provides a Minor Injury Service.

#### DISTRICT NURSE/HEALTH VISITOR/ MIDWIFE

To contact the nurse - telephone Braemar **41685.** If the nurse is out on calls you may leave a message on the answer phone and she will contact you. There is nurse cover 24 hours a day. If you require a Midwife, telephone: Aboyne Hospital, **013398 87811** 

#### **REPEAT PRESCRIPTIONS**

Requests for repeat prescriptions should be made at least 24 hours in advance. If you are on regular medication you may be asked to attend for a routine check up every 3-6 months.

#### **TEMPORARY RESIDENTS**

If you are visiting the area for more than 3 months it is necessary for you to register with the Doctor.

#### **TELEPHONE CONSULTATION/ADVICE**

The doctor is available for telephone consultation/advice between 11.30am – 12noon. Monday-Friday

#### PRACTICE TEAM

Dr Donald CruickshankPrincipal GP, MB;ChBDr Douglas GlassAssociate GP, MB;ChBGillian CruickshankPractice ManagerMichelle CameronReceptionist/SecretaryTrina HigginsHealth Visitor,RGNLydia RattrayMidwife – RGN, RMShona CouttsCommunity Nurse,RGN

#### TRAINING

At various times a medical student will be attached the practice. Your permission will be sought for their attendance at your consultation.

#### COMMENTS

If you have any comments or complaints about the services provided at Braemar Clinic please direct these to Dr Cruickshank. Complaints can also be directed to: Carol Clark, NHS Grampian, St Martins House, 181 Union Street, Aberdeen, AB11 6BB.

#### REGISTRATION

The practice list is open for new patients and registration forms are available at reception. On registration you will be asked to see the doctor for initial medical screening. Patients will be registered with the Practice but have the right to request their preference as to which professional they consult with.

#### NON NHS WORK

Some work including completion of insurance claim forms, travel vaccination and driver medicals are not covered by the NHS and will incur a fee. Please enquire at reception.

#### DATA PROTECTION/GDPR

All patient details are kept confidential but anonymised health information will be used by the practice for audit purposes. Please let the practice know if you do not wish your information included. No specific patient information will be given without written Consent from the patient.

#### RESPONSIBILITIES

All members of staff will treat patients, with courtesy and respect and we are sure this will be reciprocated. If you are unable to keep your clinic appointment please call the surgery to cancel.

#### **BEHAVIOUR**

In exceptional circumstances patients may be removed from the practice list if their behaviour is considered to be a danger to staff and other patients

#### CONFIDENTIALITY

All members of the practice are governed by strict rules relating to confidentiality. We keep both paper and computer records in order to ensure accuracy

#### TEST RESULTS

For test results please telephone the surgery between 11.30am-12.30pm, Monday to Friday.

### USEFUL TELEPHONE NUMBERS

DOCTOR	013397 41202
NURSES	013397 41685
AMBULANCE	999
NHS 24	111
NHS DENTAL ADVICE	0345 4565990

#### HOSPITALS

ABERDEEN ROYAL	0345 4566000
ABERDEEN MATERNITY	0345 4566000
ABERDEEN CHILDRENS	0345 4566000
WOODEND HOSPITAL	0345 4566000
ROYAL CORNHILL	0345 4566000
ABOYNE HOSPITAL	013398 86433
PERTH ROYAL	01738 623311
NINEWELLS DUNDEE	01382 660111
NINEWELLS DUNDEE GLEN O 'DEE HOSPITAL	01738 623311 01382 660111 01330 822233

#### CHEMISTS

M. BUCHAN	013397 41423
W. DAVIDSON	013397 55409

#### SOCIAL WORK DEPT

ABOYNE 01339 267745

(All dialling codes are from Braemar)

(May 2022)

# **PRACTICE LEAFLET**

## Braemar Medical Practice Braemar Clinic Games Park Braemar AB35 5YX

## Tel: 013397 41202

### Dr Donald M Cruickshank MB ChB (Glasgow) Registered 1985 GMC No. 3098066

Dr Douglas Glass GP Associate LVO MB ChB GMC No. 2331838