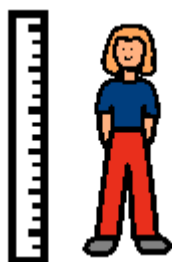


We check your...

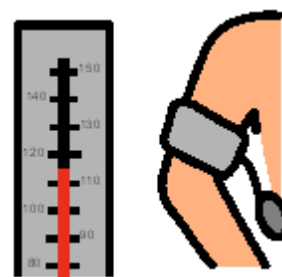
Height



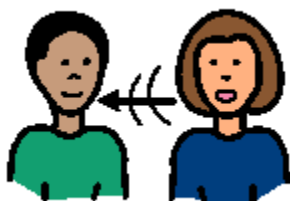
Weight



Blood Pressure



We can talk to you about



Exercise



Alcohol



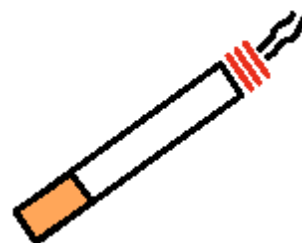
Stress



Eating Healthy



Smoking



healthpoint
WALK IN FOR INFORMATION

healthline 0500 20 20 30
CALL FREE FOR INFORMATION



If you need more help with health checks:



You can phone the free Healthline on
0500 20 20 30

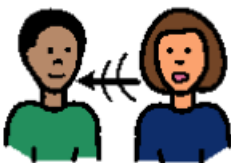


Or go to your local Healthpoint:

**Aberdeen Market, Monday - Saturday,
10.00am - 4.00pm**

**ARI Concourse, Monday - Friday,
10.00am - 4.00pm**

**1-3 Kirk St Peterhead, Tuesday - Friday
11.00am - 3.00pm**



Healthpoint is a place where you can get free
advice and information about your health