









### **Woodend Hospital & Rosewell House, Aberdeen**

We are sending a thank you to the volunteers who currently are visiting at Rosewell House, the gardening volunteers at Woodend, another volunteer who compiles and sends a Memories Gazette fortnightly and our "stood down" volunteers who will hopefully be back soon. Also, we will have the return of our first Music in Hospitals and Care Concert to entertain patients at Morningfield House for their Queen's Jubilee Party celebrations and a return of The Friends of Woodend meetings.

Interested in joining us? Email gram.volunteer@nhs.scot











### The Oaks Palliative Care Unit, Elgin

"We are celebrating Volunteers' Week by inviting all our volunteers to a buffet lunch at The Oaks on Friday 3rd June. We are also inviting all those that have decided not to return to their volunteering role as it will give us an opportunity to say a proper thank you and goodbye to them."

Interested in joining us? Email gram.volunteer@nhs.scot











### Aberdeen Royal Infirmary – Emergency Department (ED) Team

We thank our team of volunteers past and present supporting our 'ED' in ARI, a new service bringing its own challenges given the busy hospital environment. Special thanks to our team members, past and present who supported the hospital during a very challenging start to 2022. We thank you for your support in developing this new volunteering opportunity and look forward to continuing to work with you as we expand support across the ARI site.

Interested in hearing more about this opportunity or others within Aberdeen Royal Infirmary?

Email gram.volunteer@nhs.scot











### Dr Gray's Hospial, Elgin

To celebrate Volunteer's Week and to say thank you to our wonderful volunteers, we will be hosting an afternoon team on Monday 6th June. During the afternoon they will have an opportunity to meet with our new Volunteer Coordinator, Alison Lowes. We are also keen to use the time to talk to them about other opportunities going forward and to tell them about a Moray volunteer recruitment campaign that is going live in June.

Interested in hearing more? Email gram.involvemoray@nhs.scot











### Roxburghe House, Aberdeen

'We are delighted at Roxburghe to be able to welcome back our volunteers into the building again in the coming weeks. Volunteers play a huge role in supporting the care we provide to our patients and the unit has not felt the same without them. We have been fortunate to have had our gardening team working outside during the pandemic. They have been working hard to maintain our gardens which has provide our patients and families with lovely surrounding to enjoy when times have been difficult for them. Thank you for all you hard work!'

Interested in getting involved? Email gram.involvemoray@nhs.scot











### **Breastfeeding Peer Support Volunteers**

Our breastfeeding peer support volunteers are all mothers or parents who have personal experience of breastfeeding or breastmilk feeding. Last year, they had over 1300 contacts with families across Grampian spending 678 hours of their own time helping others to meet their personal feeding goals by supporting at local breastfeeding groups, visiting the postnatal wards at Aberdeen Maternity Hospital, supporting via social media, emails, phone and NHS Near Me.

We are so thankful to them for the time they give up to help local families and want to say the biggest THANK YOU!

Interested in getting involved? We are holding is holding a recruitment drive on 16th June
Please visit www.nhsgrampian.org/breastfeeding or www.facebook.com/breastfeedgrampian